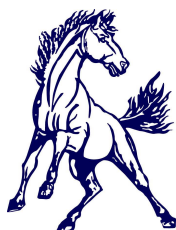


Immaculate Athletics - Mustang Pride



Michael C. Bierwirth - Director of Athletics

Dear Parent and Prospective Student- Athlete,

We are extremely excited about the upcoming 2010-2011 academic year and the possibility of you contributing to one or more of our very proud athletic programs here at Immaculate High School. Below you will find some information pertaining to our Athletic Department and our various athletic programs. Please feel free to contact me or one of our coaches if you have any questions. I hope you have an enjoyable and relaxing summer. **GO MUSTANGS!!!**

General Information: 2010 - 2011 Sports

The goal of the Athletic Program is to conduct a wholesome and worthwhile activity, which is consistent with, and contributes to, the mission of Immaculate High School.

The challenges associated with competitive athletics create learning experiences that enable students to grow and mature. Participation in Athletics at Immaculate is a **PRIVILEGE**, which carries the expectation that a student will behave in a responsible manner and follow established rules and regulations.

Every Immaculate Student-Athlete who participates in any CIAC-sanctioned activity (practice and/or contest) must be determined physically fit through a pre-participating evaluation performed within the past 13 months in accordance with reasonable and prudent written medical protocol.

Physical examinations expire one 13 months from inception and must encompass the entire sports season in which the candidate wishes to participate. The sports season encompasses the first practice date and the date of the last scheduled state or regional event listed in the CIAC handbook. Completed physical forms should be submitted to the MAIN OFFICE for delivery to the nurse's mailbox. Physical forms can be downloaded from the I.H.S. website.

If you have a question regarding the IHS Athletic Program, please contact Michael C. Bierwirth, Director of Athletics, @ 203-744-1510 ext. 152 or by e-mail at mbierwirth@immaculatehs.org

Immaculate High School Coaches List:

Football: Head Coach Gary Bellagamba 203-948-5876, Email: bells75@aol.com

Boys Soccer: Head Coach Frank Barata 203-470-7673, Email chico_barata@yahoo.com

Girls Soccer & Boys Basketball:

Head Coach Nelson Mingachos 203-994-2317, Email mingachos@yahoo.com

Field Hockey: Assistant Coach Matt Ariniello 203-837-0133, Email mattya156@yahoo.com

Cheerleading: Athletic Director Michael Bierwirth

Boys/Girls Cross Country, Wrestling & Outdoor Boys/Girls Track:

Head Coach Brian Hayes 203-994-2732, Email pappy539@msn.com

Girls Basketball: Head Coach Ray Bielizna 203-770-5195 or 203-778-2691,
Email rbielizna@ridgefield.org or rb14coach@aol.com

Indoor Track: Head Coach John Goetz 203-746-6131, Email jgoetz@us.ibm.com

Boys Ice Hockey: Athletic Director Michael Bierwirth

Baseball: Head Coach Tom Neville, Email jmhillct@hotmail.com

Softball: Head Coach Maggie Kent 203-731-4738, Email kentmaggie@sbcglobal.net

Girls Lacrosse: Head Coach Janet Fable 203-241-4423, Email LadyJanet@renaissancemagazine.com

Boys Lacrosse: Head Coach Ted Lutz 203-559-4445, Email immaculatelacrosse@yahoo.com

Girls Tennis: Head Coach Wendy Fuller 203-994-9716, Email wenfuller@aol.com

Boys Tennis: Head Coach Art Roberts 203-297-1359, Email robertsarthur@sbcglobal.net

Golf: Head Coach Kevin Dunleavy, Email kdunleavy@immaculatehs.org